

## Orienteering Leaders Guidance

**Note...** Some of the ground is uneven, there are bushes and tree stumps which could be a potential trip hazard. Due care and attention should be taken whilst walking the routes!



- Located around the EarleyWood campsite there are 3 different orienteering courses. An orange, yellow and green route.
- Groups can be divided into three teams and start at the different start points. Each course leads onto the next.  
Orange - Middle Gate  
Yellow - CampFire Circle  
Green – Toliet Block
- The orange route is on mainly flat ground and around the main centre of the site so is best for those unsteady on their feet. It is also the least challenging route, followed by yellow and then green.
- The answers are as follows:  
Orange - Stay Safe  
Yellow - Keep Healthy  
Green – Work Harder
- To complete all 3 routes it will probably take most about 1 hour 30 mins... all letters are located on trees above head height but are not obvious in all cases and could be on the back of the tree. They will have to be looked for on some occasions.
- Paces are only a guide... it may take a few more or a few less depending on the size of the person.
- There is a more challenging route which involves finding the colours and letters and involves more instructions to follow. This should only be attempted after completing worksheet 1 unless participants have previous knowledge. The answer for this remains a secret.
- There is a third worksheet where routes can be created from scratch.

HAVE FUN!